# Golden State Residential Adult Program (GSRAP)

FAMILY HOME AGENCY

#### Who We Are

#### ESTABLISHED

Established in 2008 in Golden Gate Regional Center's (GGRC) catchment area by Monica & Jerry Montgomery

#### Clients Serving

Currently serving 80 individuals in GGRC and Regional Center of the East Bay

#### Home Providers

Providers come from all walks of life. We are particularly interested in people who love other people and like to serve

### Golden State Residential Adult Program

#### RC's Serving

#### Golden Gate Regional Center (Marin, San Francisco & San Mateo Counties), Inland Regional Center (Riverside & San Bernardino Counties in development) and Regional Center of the East Bay (Alameda and Contra Costa Counties) Catchment areas. The organization currently operates two programs:

#### AST

#### Adaptive Skill Training

(6 individuals). An instructional program focusing on enhancing communication, social and interpersonal skill building

#### FHA

#### Family Home Agency

(80 individuals). Identifying Foster Parents (Providers), certifying Providers, Matching Providers with Intellectual Disabled Adults, Monitoring Services monthly.

# Key Program Staff

#### **Administrators**

Administrator oversees the operations of all the Program services

#### **Co-Administrator** oversees

individuals who are high risk/high profile (complex individuals who have mental health challenges, substance abuse diagnoses and or Judicial Involvement). Operates in place of the Administrator

#### Case Managers

**GSRAP Case Managers**- First line of contact for Providers. They do monthly visits (remote right now) and meet with the Providers and the individuals in their homes. They check documentation/paperwork such as medication administration records (MARS), community integration logs and barriers towards meeting Individual Program Plan and Individual Service Plan goals/objectives.

#### Ambassadors

**Ambassadors-** Assist Providers by taking individuals to health appointments, community events, and assist them in engaging in social, leisure, vocational and independent living skill activities. Utilized by the behavioral staff to provide tangible reinforcements (taking an individual to lunch as a reward, etc.)

### Purpose Clients Provider

- Purpose: To provide safe and caring homes for Intellectually Disabled adults
- Clients: Clients are Regional Center Consumers with a qualifying disability – Autism, Epilepsy, Cerebral Palsy, Mild Intellectual Disability
- Providers: Individuals or families that have the heart and space in their home to care and advocate for an ID client.

### Client needs

- Completely independent needs assistance with toileting
- Daily reminders
- Health appointment coordination and transport
- Meals, breakfast lunch, dinner, snacks
- Advocate
- Care for and provide support for the Consumer

# **Regional Centers**

- ► There are 21 Regional Centers
- Oversee Family Home Agency program
- Overseen by California Department of Developmental Services
- RC Refers clients to Family Home Agency
- Conduct quarterly meetings including two unannounced per year
- Conducts an annual Program Audit

#### Initial Provider Requirements



#### Live Scan/ Security Clearance





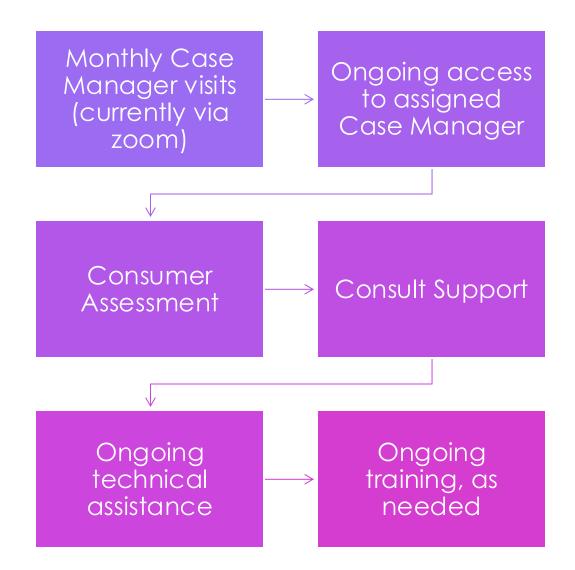
Home Review



First Aid & CPR



Ongoing Annual Training



Provider Support

### Consulting Support

Monarchy Consulting Group (MCG)-

Provides consultation in the areas of mental health support, nursing/health support, art therapy, applied behavior analysis, substance abuse and technical assistance related to exiting the criminal justice system. Consultants perform an initial assessment of individual's needs, determine consultants needed, monitor health status, escalating mental health and relapse symptomatology, attend Interdisciplinary Team meetings, and assist Providers in understanding and implementing support plan goals/objectives. Generally, Consultants DO NOT provide direct service care with the exception of the Behavior Consultant & Art Therapist.

- What types of clients do the program service? Each client has been identified with one or more developmental disabilities.
- What types of disabilities do the clients have? Intellectually disability; Cerebral palsy; Epilepsy; Autism; 5<sup>th</sup> Category, i.e. a person in need of help similar to a person with intellectual disabilities.
- What range of disabilities do the clients have? GSRAP serves clients with a wide range of disabilities, including mild, moderate and severe.

- Who decides which disability and the range of the disability that is assigned to a Family Home Provider? Each Provider determines for themselves the age sex and which developmental disability and the level of need that they would like to service.
- How old are the clients? GSRAP serves clients who are 18 (eighteen) years and older.
- Where does the client live? The client is placed with a Family Home Provider who matches their needs; they live with the Provider in their primary residence.

- What kind of experience is required to be a provider? The age and experience of Providers vary. However, there are a few general requirements for all Providers and they are simple:
- a) you must have a heart for the clients
- b) provide a private bedroom for each client
- c) provide three meals a day and snacks
- d) d) be willing to <u>take the client to medical and dental appointments</u> as needed
- e) include your client(s) in your family activities.

- Does GSRAP provide an annual 1099 for tax purposes? Like foster care, these <u>funds are tax-free</u>.
- What kind of support or assistance is provided once the client is placed?
  1) GSRAP staff remains involved and available.
  - 2) GSRAP Case Manager who connects at least monthly or more often, if needed.
  - 3) Consult support is provided. the type of consult and number of
    - quarterly hours are determined by the Consumer's Initial Assessment.

- Does GSRAP provide training? There is required initial and ongoing annual training. Training is provided both in groups and one-on-one.
- What does a typical day look like for the client? Pre-Pandemic: Monday Friday most clients attended a day program, school or work and there were those who did a combination of the three.

#### **Referral Process**

- 1) CLIENTS ARE REFERRED BY THEIR REGIONAL CENTER SOCIAL WORKER, AN EDUCATOR, PSYCHOLOGIST, ETC.
- 2) GSRAP RECEIVES & REVIEWS REFERRALS FOR POSSIBLE MATCHES FROM THE REGIONAL CENTER.
- 3) GSRAP INTERVIEWS THE CONSUMER
- 4) AN APPOINTMENT IS MADE WITH POTENTIAL PROVIDER(S).
- 5) THE PROVIDER AND CONSUMER INTERVIEW ONE ANOTHER IN THE PROVIDER'S HOME.
- 6) THE PROVIDER AND CONSUMER DETERMINE IF THEY ARE COMPATIBLE.
- 7) Once it is mutually agreed that a match has been made: GSRAP and the Regional Center agree on the service tier; the tier and rate is confirmed with the Provider; a move-in date is set based on the Provider readiness and client needs.

#### SAT DECEMBER 3 DOORS OPEN: 5:30PM

Holiday Party 2022

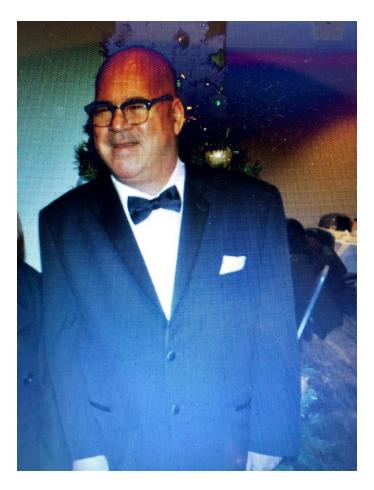
#### **CUSTOM BUFFET DINNER: 6:30PM**

LOCATION: HYATT REGENCY SAN FRANCISCO AIRPORT CYPRESS ABC 1333 BAYSHORE HWY BURLINGAME, CA 94010

# Christmas Party!







## Hope for our Clients

- ▶ To help establish and or build upon independence
- To build self-esteem
- To search out hopes and dreams and help attain them
- To support them in being the adults they are
- Build on their strengths
- Provide opportunities in the community and in the world

### Hope for our Parents

- ► Feel safe with your adult children in our Residential Program
- Provide an opportunity for your children to soar with the help of others
  - Capitalize on the opportunity to soar!
  - Rekindle and chase your own dreams!











