Developmental Services System Overview & Update

December 7, 2024



Lauren Libero, PhD Ernie Cruz Katie Dempsey Katie Hornberger, JD





Welcome



Ernie Cruz, Deputy Director Community Services Division

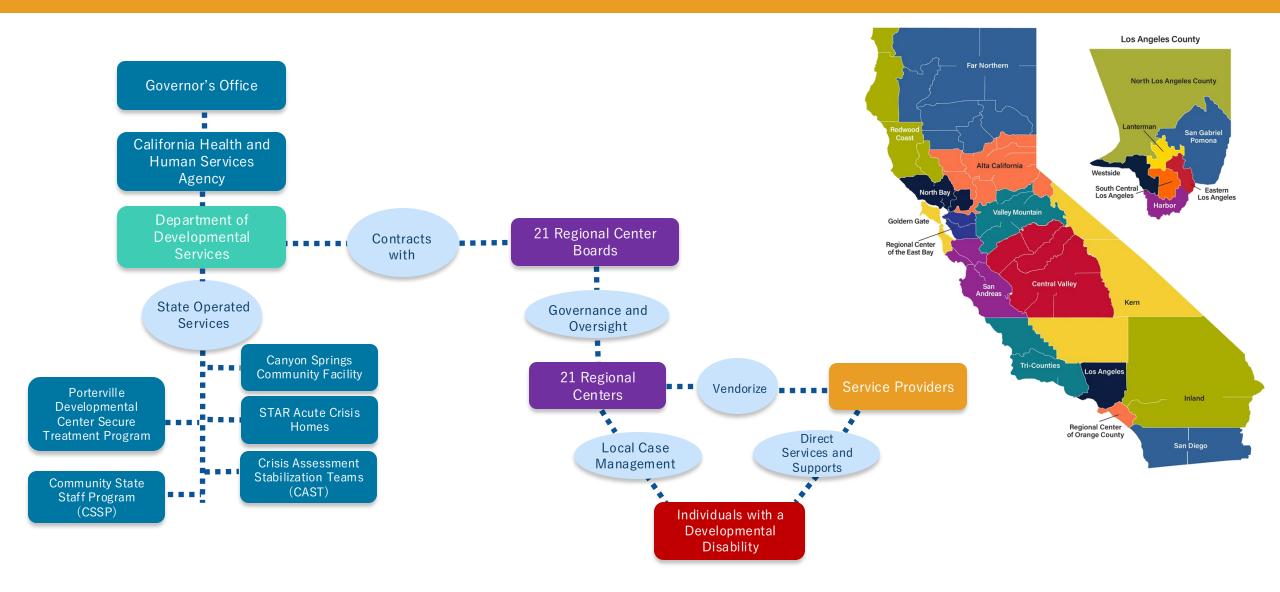
Katie Dempsey, Self-Determination Program Branch Manager Policy and Program Development Division

Katie Hornberger, Ombudsperson Office of the Ombudsperson

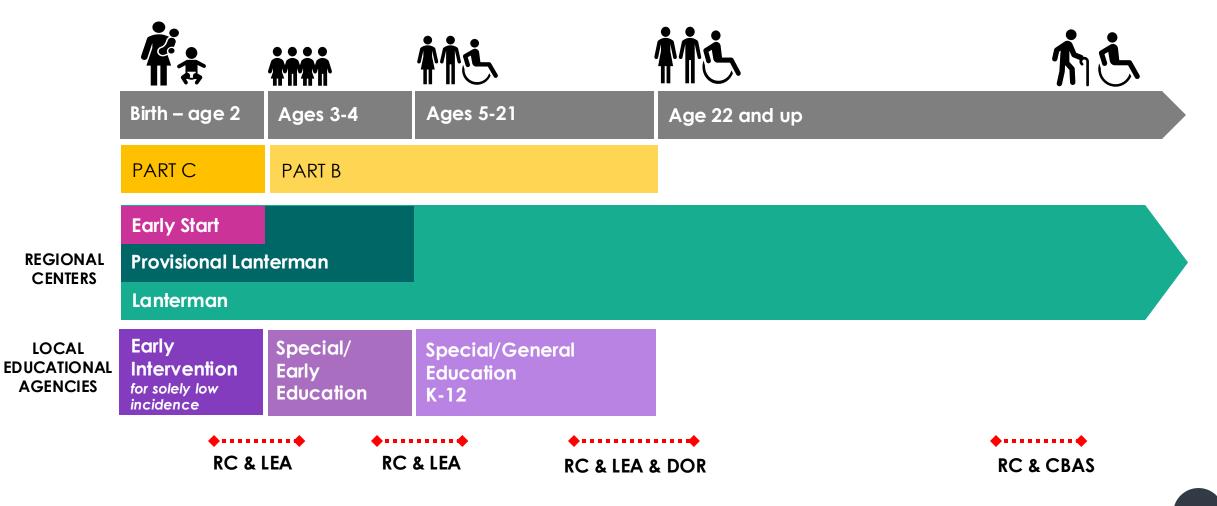
Dr. Lauren Libero, Autism Specialist Autism Services Branch Overview



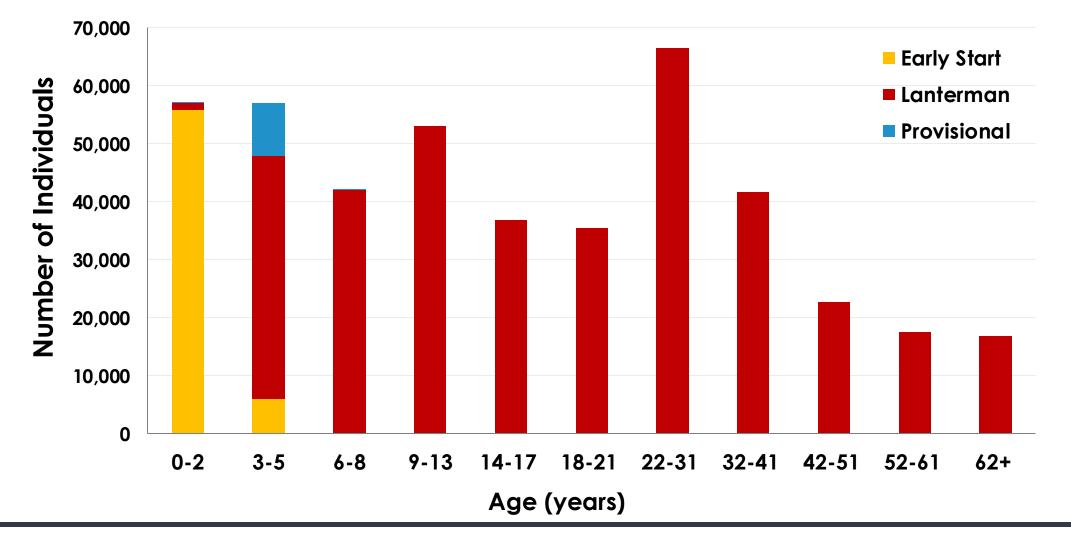
The Developmental Services System



Programs Across the Lifespan



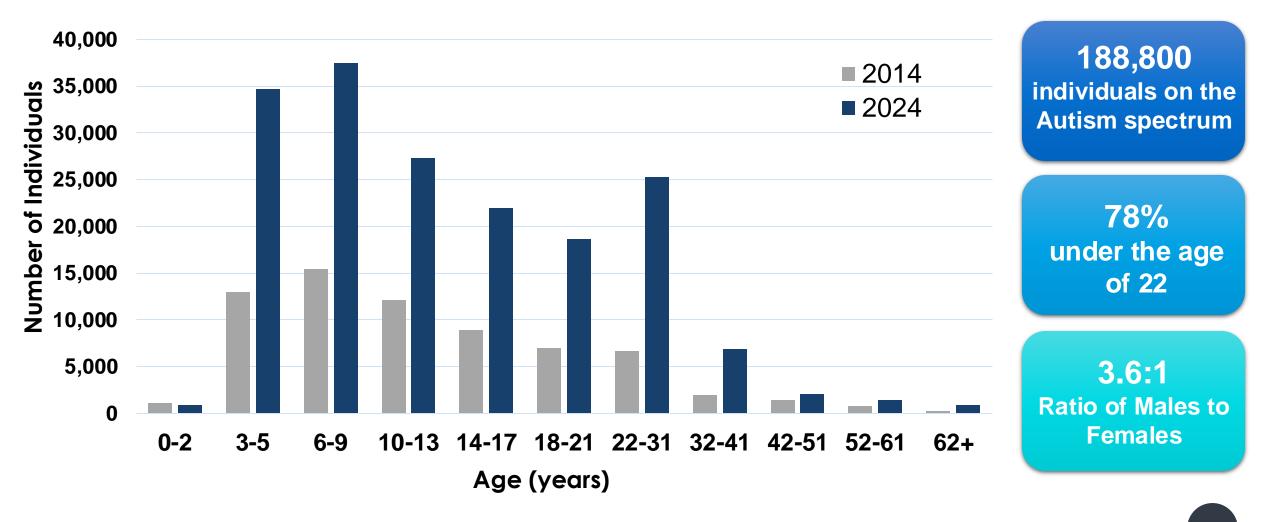
DDS Caseload of Individuals Served Statewide



CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES

Source: CMF data for Status 1, 2, and U in August 2024.

Autism in the DDS System



CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES

Source: CMF and CDER data for Status 2 and diagnosis of Autism in January 2014 and 2024 (graph) and August 2024 (boxes at right).

DDS Autism Services Branch

Our Focus

A system of services and supports reflective of autistic individuals, to improve outcomes and choices

Build statewide capacity and expertise to meet the needs of a changing system



Autism Helpline and Resource Hub

Autism Helpline

😤 autism@dds.ca.gov

(833) 815-2337



www.dds.ca.gov/initiatives/autism/

Workforce Initiatives

- 1. RC Employee Tuition Reimbursement Program
- 2. DSP Training Stipend Program (closed)
- 3. Bi-/Multi-Lingual Pay Differential
- 4. DSP Internship Program
- 5. DSP University & Wage Differentials
- 6. Technology Pilot Program



<u>www.dds.ca.gov/initiatives/workforce-initiatives/</u>

Coordinated Family Supports (CFS) Service

CFS is a new service option specifically designed for adults who are 18 years+ and choose to live in their family home.

CFS provides assistance with the coordination of services and supports that allow adults to continue living in their family home such as:

- Developing skills in the home
- Coordinating & getting services delivered, including help with "generic services"
- Helping people access their community



www.dds.ca.gov/services/coordinated-family-support-service/

Self-Directed Services

Provides individuals and their families more freedom, control, and responsibility in choosing services and supports to help meet objectives in their Individual Program Plan (IPP).

- Choose who to hire, schedule when the person works and supervise the work
- Work with a Financial Management Service (FMS) agency to help hire, pay and verify staff skills

Participant-Directed Services

 For certain types of services such as Respite, Personal Assistance, and Supported Employment

Self-Determination Program

- Ability to determine how their funds are spent
- Use of vendored and non-vendored services
- Ability to locate providers and hire employees who meet their specific needs and/or offer services not available through the traditional system



Employment Initiatives



Employment Services and Supports:

- Supported Employment
- Paid Internship Program
- Self-Directed Services Employment Supports
- Tailored Day Services
- Additional Employment Supports

New Employment Initiatives:

- Coordinated Career Pathways Pilot
- Employment Grants

Competitive Integrated Employment (CIE)

CIE means employment:

- Where a person makes the **same amount of money** as a person without a disability doing similar work.
- That takes place in the community.
- Where people with disabilities have the **same opportunities for interactions** with customers, clients and co-workers without disabilities as their peers without disabilities.
- With the same opportunities for advancement and employee benefits as employees without disabilities in similar positions.
- That is **full-time** or **part-time** work, including **self-employment**.

Supported Employment



Individual (Service code 952)

- Typically, in a CIE setting
- 1:1 job coaching support
- Typically, a direct hire with the business

Group (Service code 950)

- 2-8 individuals in a group
- Contracted work with the vendor
- Not direct hires
- Best suited for individuals who may not be ready to work independently

Paid Internship Program (PIP)

- Allows wages and payroll costs up to 1,040 hours per year, per internship
- Allows individuals with I/DD to discover and experience new employment opportunities
- Opens doors to businesses who had been reluctant to work with individuals with I/DD
- Introduces job developers to a wide range of businesses willing to work with individuals with I/DD
- Micro-enterprises are eligible for the PIP
- Must be at least 18 years old
- Direct hire is a goal but not mandatory

Paid Internship Program - Example

HCBS Final Rule Animation Project

- A series of fun animated shorts, designed to help understand the rights and requirements under the Home and Community Based Services (HCBS) Final Rule
- Tri-Counties Regional Center partnered with Public Pixels Media to produce the series



<u>Tri-Counties Regional Center -</u> <u>YouTube</u>

January 22, 2024 Press Release



BEHIND THE SCENES



FOR PEOPLE RECEIVING SERVICES



FOR SERVICE PROVIDERS

Self-Directed Services for Employment

Participant-Directed Services – Supported Employment

- A service that is provided in order to support an individual in **obtaining and** maintaining competitive integrated employment, or self employment.
- This may include **developing a plan for employment** by assessing the individual's strengths, weaknesses, skills, and desires for employment.

Self Determination

- Employment supports are individually designed and provided in the manner specified by the planning team to assist participants to gain and retain employment, including self-employment, in community integrated work environments to achieve the participant's personally defined outcomes.
- The intended outcome of this service is **sustained paid employment at or above minimum wage in an integrated setting** in the general workforce, in a job that meets personal career goals.

Tailored Day Services

- Includes the goal of further development of an individual's employment suitability, customized training services with flexible schedules and fewer program hours resulting in positive benefits, with individuals developing skills in employment, participating as a volunteer, attending post-secondary education programs, and engaging in community integration.
- Can be used in conjunction with other day program, look-alike day program, supported employment program, or work activity program

Additional Employment Options



Employment Preparation Through Day Program

- Employment training as a part of their program day
- Resume building
- Interview skills
- Paid work experience

Coordinated Career Pathways (Service Code 956)

- Pilot service for individuals in Work Activity Programs, earning subminimum wages, or within two years of exiting high school
- Includes two services:
 - Career Pathway Navigator (subcode NAV)

The Navigator helps **navigate** the individual and their family through career planning and identifying what is needed to achieve identified career goals.

- Customized Employment Specialist (subcode CES) The CES assists the individual in securing a job that is customized to their unique talents, skills, and interests that matches the needs of an employer.
- 18-month service but can be extended to 24 months
- Can be used alongside other employment, community integration or other regional center services
- Additional resources including FAQs can be found at <u>Coordinated Career</u>
 <u>Pathways (CCP) Services : CA Department of Developmental Services</u>



DDS Employment Grants



In 2021, DDS received **\$10 million** in funding to establish a grant program to improve **access to services that increase pathways to employment**.

- 45 grants were awarded
 - 8 12-month grants
 - 37 18-month grants
- Grants focused on Autism population:
 - CLU Transitions Customized Employment for Neurodiverse Digital Artist in Remote Work
 - Orange County Asperger's Support Group Autism In Entertainment Conference
 - UC Davis Promoting CIE for Young Adults with Autism
 - USC Pathways to CIE in Advanced Manufacturing and Web Development

DDS Employment Webpage



DDS Employment Webpage

DDS has launched a new Employment Services Webpage. Read about employment services, get resources and see employment data throughout the state.

www.dds.ca.gov/services/workservices/

New Individual Program Plan (IPP) Format

A new Individual Program Plan (IPP) format will be used by all regional

centers starting January 1, 2025.



How We Got Here



August 2022: Regional Center Performance Measures (RCPM) created measures for Person-Centered Services Planning

- People served by regional centers have person-centered services plans
- Regional center service coordinators demonstrate personcentered planning skills

September 2023: SB 138 was put into law

- Requires DDS to establish a standardized IPP and procedures
- Regional centers begin using the new IPP by January 1, 2025
- Be integrated with the new case management system
- Provide statewide uniformity and consistency
- Promote equity in the practices and services of regional centers

Goals of Standardization



Changes to the IPP

What's New	 Increased flexibility in what an individual wants to include in their plan Opportunities to practice person-centered approaches Focus on strengths and links personal preferences to goals and desired outcomes Standard format and process across regional centers Some areas or prompts may be new How Medicaid-Waiver eligibility is addressed in the IPP
What's The Same	 Statute and requirements of the IPP The regional center's role in the IPP The assessment of needs and services Documentation of required information sharing

Regional Center Implementation

Certified Person-Centered Thinking Facilitation Trainers

- Every regional center has at least one staff in this role
- Teach service coordinators person-centered practices
- Train staff on how to use the new IPP

Updates to Record System

- All 21 Regional Centers will include information in the new IPP Format, regardless of the record system used
- Will be available in multiple languages

DDS Technical Assistance

- Three training sessions for regional centers
- Instructional guide to support standard procedures
- Frequently Asked Questions based on trainings
- Provide ongoing support into 2025



Resources for the Community

Guides: Interactive tools to think about goals, strengths and successes

- Your Plan for self-advocates and adults
- Your Child's Plan for families with children ages 3-13
- Your Youth's Plan for young adults ages 14-22 and their families
- Translations will be available in 11 languages

Trainings: About the new IPP format and how to use the guides

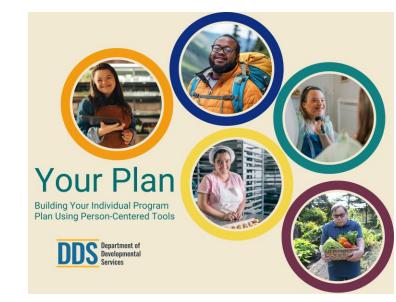
- DDS Consumer Advisory Committee November 12
- Family Resource Center Network of California November 13
- For the Community December 5 & 18
- Additional opportunities coming in January and beyond

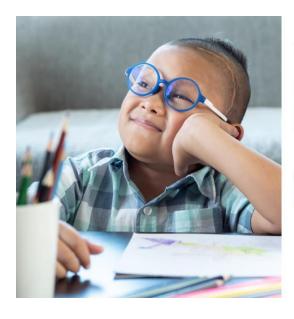
Videos: Additional ways to learn about person-centered practices and the IPP

- Interview-style series with individuals and families
- Animated series



Resources for Individuals and Families





Your Child's Plan

Support for Building Your Child's (ages 3-13) Individual Program Plan (IPP) Using Person-Centered Tools





Your Youth's Plan

Support for Building Your Youth or Young Adult's (ages 14-22) Individual Program Plan (IPP) Using Person-Centered Tools

DDDS Department of Developmental Services

Answers to Common Questions

- All 21 Regional Centers will begin using this IPP format January of 2025
- The standard procedures are included in the guide for regional centers
- Not all IPPs will change on the same day
- You will use the new IPP format the next time you have a new IPP meeting
- You can invite other people to participate in your IPP meeting
- The IPP does not replace your person-centered plan if you are in the Self-Determination Program
- The guides will have shorter versions that you can use
 - ABOUT YOU
 - ABOUT YOUR CHILD
 - ABOUT YOUR YOUTH
 - DURING YOUR MEETING
 - AFTER YOUR MEETING
- Using the guides is not required but may help individuals and families think about their IPP ahead of time



Where You Can Get More Information About the IPP

- 1. Register for the next training on December 18, 2024: <u>Webinar Registration</u> - <u>Zoom</u>
- 2. Watch a recording from the December 5, 2024 training, see the new IPP format or get a copy of Your Plan: <u>Individual</u> <u>Program Planning : CA Department of</u> <u>Developmental Services</u>
- 3. Talk to your service coordinator



Provider Directory





Currently under development with regional centers and service providers.

Future phases will launch the Provider Directory with access for individuals and families.

www.dds.ca.gov/initiatives/provider-directory/





Role of the Ombudsperson

- Providing information
- Facilitating solutions to disagreements
- Investigating Complaints
- Reporting to the Legislature
- Recommending changes to DDS and the Legislature

What We Do Not Do

- Decide disputes in favor of one party or another
- Represent someone in hearing
- Make a recommendation to a court or hearing officer
- Overturn a fair hearing final decision

How to Get Information or Assistance

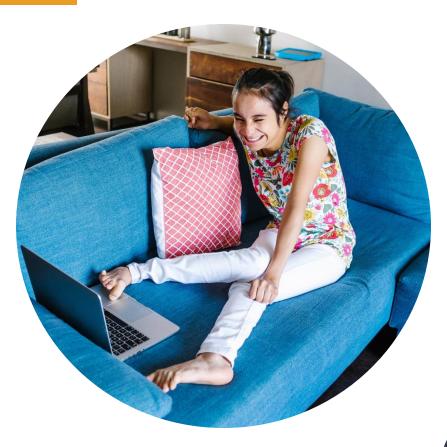
Lanterman Ombudsperson Website at Office of the Ombudsperson - CA Department of Developmental Services

Email: <u>Ombudsperson@dds.ca.gov</u>

Call 1-877-658-9731

Self-Determination Ombudsperson Website Office of the Self-Determination Program Ombudsperson : CA Department of Developmental Services

Email: <u>SDP.Ombudsperson@dds.ca.gov</u> Call 1-877-658-9731



Master Plan for Developmental Services

• The Master Plan will seek to create and strengthen bridges that connect the developmental services system to other critical systems across CalHHS, and other systems and services including education, housing, employment, transportation, and safety



- Members of the Master Plan for Developmental Services
 Committee appointed by the CalHHS Secretary
- Five Workgroups established
- Intent to deliver a Master Plan by March 2025

Sign up for regular updates by contacting <u>DSMasterPlan@chhs.ca.gov</u>. For more information visit : <u>www.chhs.ca.gov/home/master-plan-for-developmental-services</u>

CalHHS Behavioral Health Initiatives

Children and Youth Behavioral Health Initiative

www.cybhi.chhs.ca.gov/resource-external/

• Free resources, toolkits, coaching, and apps related to mental health and wellbeing for children and youth (0-25 years) and families

988 Crisis Line

www.988lifeline.org/

- Available 24/7, free and confidential for individuals in crisis or family members needing support
- Accessible by phone, text, chat, videophone
- Special options for veterans, LGBT+
- English/Spanish/ASL

CalHOPE

www.calhope.org/

- Free peer counseling, mental health and wellness tools and resources
- Warmline, chat, virtual support groups













DDS Contact Information









www.dds.ca.gov

Thank You!

